

# Marian Laval



Training Overview - Masters of Arts in Leadership and Training, Program Coordination and Management, Certified Group Facilitator and Life Skills Coach, Career Counselor, Personal Growth and Development Facilitator, Information Technology - MCP, Website Development and Graphic Design, MS Access Jr. Developer

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Key Strengths - Providing positive, constructive leadership in a timely manner with a strong sense of excellence and service to people. Experienced program coordinator, group facilitator and career counselor. Skilled organizer and team-leader with advanced leadership and technology training and education.

## ~ Professional Experience

- March 2007 – Present  
Terrace, BC  
**University of Northern British Columbia (UNBC) Aboriginal Teacher Education Bridging (ATEB)**  
ATEB is a first-year bridging initiative for aboriginal students entering teaching careers. As the ATEB Coordinator / Instructor, I managed all of the day-to-day aspects of the initiative, i.e., community liaison, promotion, instruction, provide student support, planning, reporting in a culturally-attuned environment.
- October 2006 – Current  
Terrace, BC  
**Family Skills Worker Program Kermode Friendship Society**  
Providing parenting and life skills support for Ministry of Children and Family Development (MCFD) clientele.
- Jan 2002 – Current  
**AMR Services –Principal (Self-Employed) Victoria and Terrace, BC**  
AMR Services is a home-based partnership providing web design and consultant services to an array of clientele. AMR Services provides personal and professional development training to individuals and groups.
- May 2003 - June 2004  
Victoria BC  
**Researcher First Peoples' Cultural Foundation**  
Six-week contract providing research through contact with First Nations communities for the FirstVoices™ project, an online program designed to archive, preserve, and teach declining First Nations languages.
- September 1998 - March 2000  
Courtenay, BC  
**Career Counselor and Group Facilitator Opportunities Career Services**  
Provided career and personal planning to clients with multiple barriers to employment in both group and individual counseling sessions.
- May 1998 - August 1998  
Courtenay, BC  
**Acting Tutor Coordinator Community Adult Literacy and Learning Society**  
Coordination of the volunteer tutorial program, including conducting interviews with prospective tutors and learners while maintaining program activities and integrity.
- September 1996 - November 1997  
Courtenay, BC  
**Executive Director & Program Coordinator Upper Island Women of Native Ancestry**  
Managed all aspects of the organization and administration of the community-based programs such as the Aboriginal Head Start Program, Community Action Project for Children, housing, education and community initiatives for primarily (but not limited to) First Nations peoples. Managed seven staff in a diverse program setting.
- February 1996 - April 1996  
Courtenay, BC  
**Life Skills Coach and Group Facilitator Community Adult Learning Centre**  
Delivered a sixteen-week pre-employment re-entry program to EI recipients.
- November 1996  
Yorkton, BC  
**Life Skills Coach and Group Facilitator Yorkton Tribal Council**  
Delivered an intensive pre-employment program for First Nations participants for a locally managed casino.

August 1990 - June 1993

**Program Counselor and Coordinator**

Non-Status Indian and Métis Program

Worked independently and collaboratively within SIAST to coordinate entrance into programs, deliver programs and counseling services to Métis and Non-Status Indian ancestry students in Adult Basic Education (upgrading) programs and post-secondary technology programs.

Regina, SK

**Sask. Institute of Applied Science and Technology**

SIAST Wascana Campus

July 1993

**Life Skills Coach Trainer**

Co-facilitated a three-week Life Skills Coach training module and provided evaluative feedback, course design, and facilitation on subjects such as conflict-resolution and crisis intervention.

Regina, SK

**University of Regina**

August 1989 - June 1990

**Life Skills Coach and Group Facilitator**

Delivered and designed twelve-week life skills programs to include pre-employment skills, resume writing, career planning, job search and interview, personal development, and conflict resolution.

Regina, SK

**Sask. Institute of Applied Science and Technology**

May 1984 - July 1989

**Vocation Counselor/Job Search Facilitator**

Provided assessment and placement of Social assistance recipients in vocational and support services. Delivered three-week intensive job readiness programs.

Regina, SK

**Department of Social Services**

May 1983

**Project Director – Aboriginal Daycare Training**

Regina, SK

**Human Resources Development Corporation**

## ~ Formal Training

May 2006

**Buteyko Breathing Practitioner/Coach**

Studied the Buteyko Breathing method and facilitate the education on this natural and drug-free approach to correct breathing and relieving asthma, emphysema, eczema, snoring, sleep apnoea and other conditions.

Waterloo, ON

June 2003 until April 2005

**Masters of Arts in Leadership and Training – Royal Roads University**

Studying the fundamentals in organizational leadership with a multi-disciplined approach. Thesis: Indigenous Leadership, Challenges, and Leadership Training

Victoria, BC

September 2001 - May 2002

**Application and Management of Information Technologies Program (AMIT) - University of Victoria**

Training in Microsoft (MS) 2000, Computer Fundamentals, MS PowerPoint, MS Access, Systems Analysis and Design, Oracle Database Fundamentals, Visual Basic, and Web Design (Macromedia Suite, Usability, Development, ASP Server). Also attended Camoson College for advanced Access Database Development.

Victoria, BC

June 1990

**Certified Life Skills Coach**

Certified group counseling and facilitation focused on team building, cooperation, and conflict-management.

Emma Lake, SK

**SIAST Prince Albert Kenderdine Campus**

1973-1999

**Counselor/Coordinator**

I have acquired my counseling and coordination knowledge in the field through professional development opportunities, extensive involvement in organizations and community service work since 1978. I completed the HRDC problem-solving and career direction technique (2000). Counseling skills include: Career, Employment, addictions and substance abuse, conflict resolution, mediation, leadership training, communications, wholistic training and approaches, cooperative learning, cross-cultural training and personal-empowerment.

Saskatchewan, Manitoba, and British Columbia

## ~ Organizational

September 2006 - Current

**Founder, WOVEN - Women Of Vision and Excellence Network**

A support network for women committed to living their personal vision with excellence. See: [www.woven.ca](http://www.woven.ca)

Terrace, BC